

Packing List – Vietnam and Cambodia

First of all, the atmosphere aboard is casual. There is no expectation of any formal dress whatsoever; after all, it is an expedition. Some passengers choose to remain in their daytime attire in the evenings, while others prefer a casual change of clothing. However, for the farewell dinner, you may want to have something slightly dressier, a blouse and skirt or a simple dress for women and a sports jacket for men, although this is entirely optional.

Please remember that the sun is strong in Cambodia and Vietnam, and you can sunburn easily. We recommend that you be prepared with sunscreen, sunglasses and a hat, and limit your exposure to direct sunlight.

Below is a packing list developed by one of our expedition Leaders. If you have any questions, please give us a call.

Packing List	
<input type="checkbox"/>	A lightweight raincoat, rain poncho, or collapsible umbrella.
<input type="checkbox"/>	Comfortable walking shoes with rubber soles and good support (for aboard ship and shore excursions). Most people find tennis shoes or sneakers suitable. You may want to bring two pairs so that you will have a dry pair if one should get wet or muddy.
<input type="checkbox"/>	A sweater, sweatshirt, and/or jacket. Some people find the air-conditioning aboard to be cool, so a light sweater that can be worn in the evenings is advisable.
<input type="checkbox"/>	If you are taking the extension, be sure you have a <u>warm</u> sweater or jacket, so that you are prepared for nighttime temperatures as low as the upper 40s.
<input type="checkbox"/>	One or two bathing suits (the hotels where we stay have swimming pools, and there is a steam bath and spa pool aboard <i>Jahan</i>).
<input type="checkbox"/>	Usual assortment of short and long-sleeved pants and shirts and other layered clothing.
<input type="checkbox"/>	Sunscreen, sunglasses, and a wide-brimmed hat for sun protection.
<input type="checkbox"/>	Waterproof insect repellent.
<input type="checkbox"/>	A small backpack or rucksack; a bag to hold your camera and/or binoculars.
<input type="checkbox"/>	A collapsible walking stick, if you prefer walking with one.
<input type="checkbox"/>	Binoculars, if you would like to utilize them on this expedition.
<input type="checkbox"/>	Camera, lenses, and plenty of film and/or memory cards, and extra batteries.
<input type="checkbox"/>	Travel alarm clock.

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