



## Packing List – The Canadian Maritimes

First of all, the atmosphere aboard is casual. There is no expectation of any formal dress whatsoever; after all, it is an expedition. Some passengers choose to remain in their daytime attire in the evenings, while others prefer a casual change of clothing. However, for the farewell dinner, you may want to have something slightly dressier, a blouse and skirt or a simple dress for women and a sports jacket for men, although this is entirely optional.

Below is a packing list developed by one of our expedition leaders. If you have any questions, please give us a call.

Packing List
<input type="checkbox"/> A windbreaker, lightweight raincoat, rain poncho or umbrella.
<input type="checkbox"/> Lightweight rain gear – waterproof pants and jacket – under which you can wear pants and a sweater, to protect you from spray during Zodiac rides as well as from possible rain when you are walking in various areas.
<input type="checkbox"/> Two or three different weight sweaters or sweatshirts. Clothes that can be layered are best.
<input type="checkbox"/> A warm jacket.
<input type="checkbox"/> A woolen or fleece hat with ear protection in case of cold; a hat that offers sun protection in case of warmer weather.
<input type="checkbox"/> Comfortable walking shoes with rubber soles for use both onboard the ship and during shore excursions in towns. Most people find tennis shoes or sneakers suitable. You may want to have two pairs so you will have a spare set if one gets wet.
<input type="checkbox"/> A pair of hiking shoes for nature walks and for use on cobblestoned streets.
<input type="checkbox"/> T-shirts for possible warmer days.
<input type="checkbox"/> Cotton slacks.
<input type="checkbox"/> Cotton socks.
<input type="checkbox"/> Workout clothing, for use in the ship’s fitness center.
<input type="checkbox"/> A bathing suit for the onboard sauna or for a possible Baltic dip (weather permitting).
<input type="checkbox"/> Sunscreen and sunburn relief products.
<input type="checkbox"/> Sunglasses.
<input type="checkbox"/> Electrical converter and adapter for any hotel accommodations (220V to 110V).
<input type="checkbox"/> Camera, lenses, instruction manual, plenty of memory cards/film, battery charger and extra batteries.
<input type="checkbox"/> Binoculars.
<input type="checkbox"/> A small backpack or rucksack; a waterproof bag to hold your camera and/or binoculars.
<input type="checkbox"/> Travel alarm clock.
<input type="checkbox"/> <b>Note:</b> Robes are provided in your cabin.

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